

2024 Diary Dates <u>Chatton Support Group:9.30am-11.30am</u> 10th January with Sheila Davies-Toby Henderson 14th February with Sam Barron & Mike Finlay-SEND 13th March AGM & Dr de Bono Consultant Psychiatrist

Berwick Support Group:9.30-11.00am 16th of January 19th March with Fiona Tarn-Head of HINT

Autism & Girls/Woman Online Support Group: 9.30-11.00am 30th January with Julie Wilson-PDA 27th February 26th March

Craft/Hobby Group:1.30-3.00pm 1st Thursday of each month

Workshops with Deborah Garland 15th January 10.00am-12.00pm Understanding Autism 5th of February 10.00am-12.00pm Sensory Needs 25th March 10.00am-12.00pm Supporting Stress & Anxiety Related Behaviour



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Seminars & Workshops presented by specialist professionals

Lending Library

Sensory Garden

Monthly Support Groups

Occupational Therapy Clinics

Sensory Guidance

Venues

Chatton Village Hall, Old Road

Chatton, Alnwick

<u>NE66 5PX</u>

Berwick Family Hub, Berwick

<u>TD15 2AE</u>

National North Autistic Northumberland Society Branch

NAS North Northumberland Branch northnorthumberland.branch@nas.org.uk Contact Helen Sutherland

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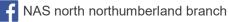
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