



Tweedmouth West First School

Our Personal, Social, Health and Economic /
Relationships, Social and Health Education

*R*espect *R*esponsibility *R*esilience

PSHE/RSHE is a school subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future.

These skills and attributes help pupils to stay healthy, safe and prepare them for life and work in modern Britain.

PSHE/RSHE education helps pupils to achieve their academic potential, and leave school equipped with skills they will need throughout later life.

They will understand what makes a happy, healthy relationship, and will have aspirations for their own future.